

TURBO BOOST

R1210 (200ml saline): 20 min

R1260 (1L saline): 45 min

INGREDIENTS: Vitamin b12, vitamin Bcomplex, magnesium
vitamin C, Glutathione

Boost energy, mood, reduce stress & anxiety, detox, improve skin,
strengthen immune system

GLUTAMINE

R300 Add On

R350 (200ml saline): 20 min

R400 (1L saline): 45 min

INGREDIENTS: Glutamine

Enhance muscle recovery and improve gut health

BIOTIN

R300 Add On

R350 (200ml saline): 20 min

R400 (1L saline): 45 min

INGREDIENTS: Biotin

Grow and strengthen hair and nails. Improve cognitive health, lower cholesterol

VITAMIN B12

R300 (200ml saline): 20 min

R350 (1L saline): 45 min

INGREDIENTS: Vitamin B12 (Methylcobalamin)

Boost energy levels, mood and improves focus

TRACE ELEMENTS

R300 (100 ml saline): 20 min

INGREDIENTS: Trace elements

Essential minerals that support cellular function and overall body balance

ESSENTIAL REHYDRATE

R300 (200ml saline): 20 min
R350 (1L saline): 45 min

INGREDIENTS: Sodium Chloride (saline)

Improve hydration by restoring electrolytes

NERVE REMEDY

R600 (200ml saline): 20 min

R650 (1L saline): 45 min

INGREDIENTS: Alphalipoic Acid

Reduce nerve pain, tingling and numbness

JET LAG/HANGOVER RESET

R1050 (200ml saline): 20 min

R1100 (1L saline): 45 min

INGREDIENTS: Glutathione, vitamin B complex, vitamin B12

Reduce hangover and jetlag symptoms

FERTILITY BLOOM

R750 (200ml saline): 20 min
R800 (1L saline): 45 min

INGREDIENTS: Glutathione

**Support reproductive health by enhancing quality of
eggs & sperm**

MYER'S COCKTAIL

R1000 (200ml saline): 20 min

R1050 (1L saline): 45 min

INGREDIENTS: Vitamin B12, Vitamin B complex & Magnesium

Boost energy levels, improve sleep, reduce stress and anxiety

**ATHLETIC PERFORMANCE &
RECOVERY**

R1100 (200ml saline): 20 min

R1150 (1L saline): 45 min

INGREDIENTS: Vitamin B12, Vitamin B complex , glutathione & glutamine

Accelerates muscle recovery and support endurance

WEIGHT LOSS SUPPORT

R570 Add On

R600 (200ml saline): 20 min

R650 (1L saline): 45 min

INGREDIENTS: Arginine, Carnitine & Glutamine

**Boost metabolism and converts energy stores
to glycogen instead of fat.**

IMMUNE RESTORE

R750 (200ml saline): 20 min
R800 (1L saline): 45 min

INGREDIENTS: High dose Vitamin C

Strengthen immune system

DETOX SUPPORT

R750 (200ml saline): 20 min

R800 (1L saline): 45 min

Ingredients: Glutathione

Remove toxins, reduce fatigue and assist in weight loss

HORMONE BALANCE

R1100 (200ml saline): 20 min

R1150 (1L saline): 45 min

Ingredients: Glutathione, vitamin C, biotin & vitamin B12

Reduce symptoms of menopause, support mood, stability, hormonal balance and improves energy.

ANTI- INFLAMMATION

R1440 (200ml saline): 20 min

R1490 (1L saline): 45 min

Ingredients: Vitamin b12, vitamin Bcomplex, magnesium
vitamin C, Glutathione

Boost energy, mood, reduces stress & anxiety, detox, improve skin,
strengthen immune system, improve circulation, reduce inflammation and joint pain

LUMINOUS SKIN

R1050 (200ml saline): 20 min

R1100 (1L saline): 45 min

Ingredients: Vitamin C, Glutathione & Biotin

Reduce pigmentation, even skin tone, improve fine lines and wrinkles